

ERGEBNISLISTE

17. Rhein-Ahr Triathlon des TriTeam Sinzig am 13.09.2009

Platz	AKP	NAME	VORNAME	VEREIN	AKL	Gesamt	Schwimmen	Rad	Laufen
1	1	Strankmann	Oliver		TM20	02:13:03	00:19:49	01:14:56	00:38:18
2	1	Rossmann	Benjamin	DBL RSG Montbaur 3	TM30	02:16:59	00:22:29	01:16:05	00:38:25
3	2	Gärtner	Tobias	DJK St. Ingbert	TM30	02:17:00	00:22:01	01:15:34	00:39:25
4	1	Pschebizin	Marc	Tri Post Trier 1	TM35	02:17:04	00:21:50	01:16:54	00:38:20
5	1	Stein	Boris	DBL RSG Montbaur 3	TM25	02:19:37	00:23:24	01:15:09	00:41:04
6	2	Nauerth	Michael	TV Hatzenbühl Tri	TM25	02:20:07	00:22:36	01:16:10	00:41:21
7	1	Anstett	Georg	PSV Pirmasens	TM40	02:20:11	00:22:38	01:16:21	00:41:12
8	2	Hedwig	Mark	TCEC Mainz	TM35	02:20:14	00:23:22	01:15:31	00:41:21
9	3	Münz	Marc	DBL-Team RSG Monta	TM35	02:20:37	00:23:08	01:15:43	00:41:46
10	4	Kemper	Paul	TV Mußbach	TM35	02:22:35	00:22:06	01:18:36	00:41:53
11	3	Faber	Sven	TMK	TM25	02:23:17	00:21:47	01:18:34	00:42:56
12	4	Knopp	Andreas	DBL RSG Montbaur	TM25	02:23:33	00:26:00	01:16:35	00:40:58
13	2	Radke	Mario	DBL RSG Montbaur 3	TM40	02:23:56	00:23:00	01:17:43	00:43:13
14	2	Bach	Manuel	ALV Mainz	TM20	02:24:07	00:24:17	01:19:58	00:39:52
15	5	Hoffmann	Jens	SRL Koblenz	TM25	02:24:08	00:22:14	01:19:33	00:42:21
16	1	Meurer	Jürgen	DBL RSG Montbaur	TM45	02:24:19	00:22:55	01:17:13	00:44:11
17	6	Nauerth	Martin	TV Hatzenbühl Tri	TM25	02:24:26	00:22:36	01:19:31	00:42:19
18	3	Diether	Uwe	TCEC Mainz	TM40	02:24:35	00:23:19	01:16:59	00:44:17
19	3	Amann	Marco	TSG Maxdorf	TM30	02:25:19	00:21:10	01:22:06	00:42:03
20	4	Schmitz	Ruben	TMK	TM30	02:25:24	00:23:08	01:21:56	00:40:20
21	2	Ritschel	Thomas	DBL RSG Montbaur	TM45	02:25:32	00:23:05	01:19:06	00:43:21
22	4	Spitzhorn	Heiko	DBL RSG Montbaur 3	TM40	02:25:37	00:22:50	01:21:08	00:41:39
23	5	Sommer	Guido	SSF Bonn	TM35	02:25:43	00:21:54	01:18:32	00:45:17
24	3	Ehrhardt	Paul	PSV Pirmasens	TM20	02:26:52	00:22:54	01:20:06	00:43:52
25	6	Meuer	Michael	DBL RSG Montbaur 3	TM35	02:26:53	00:25:15	01:17:52	00:43:46
26	5	Marquitz	Andreas	Tri Post Trier 1	TM30	02:26:56	00:22:40	01:17:56	00:46:20
27	7	Goebel	Markus	TMK	TM25	02:27:00	00:23:38	01:22:00	00:41:22
28	6	Riedl	Jens	PSV Pirmasens	TM30	02:27:23	00:24:12	01:20:47	00:42:24
29	5	Grauvogel	Bernd	DJK Dudweiler	TM40	02:27:26	00:24:58	01:19:49	00:42:39
30	3	Jores	Marcus	TCEC Mainz	TM45	02:27:29	00:22:51	01:18:00	00:46:38
31	6	Spath	Karsten	DJK Dudweiler	TM40	02:27:42	00:23:06	01:19:36	00:45:00
32	7	Kruska	Marco	Triathlon Team TK	TM35	02:27:52	00:22:42	01:17:43	00:47:27
33	4	Becher	Eike	SRL Koblenz	TM20	02:27:58	00:23:34	01:18:46	00:45:38
34	7	Spurzem	Oliver	WSF Zweibrücken	TM30	02:28:24	00:22:41	01:23:52	00:41:51
35	8	Rönisch	Benjamin	ALV Mainz	TM30	02:28:37	00:23:11	01:23:12	00:42:14
36	8	Marx	Thorsten	SRL Koblenz	TM25	02:28:47	00:24:14	01:22:03	00:42:30
37	9	Schlünkes	Michael	SRL Koblenz	TM30	02:29:00	00:23:17	01:21:54	00:43:49
38	5	Koch	Christian	TMK	TM20	02:29:22	00:22:43	01:22:06	00:44:33
39	4	Dämmer	Rudolf	SRL-Koblenz	TM45	02:29:27	00:22:58	01:20:07	00:46:22
40	7	Lang	Jürgen	TSG Maxdorf	TM40	02:29:32	00:23:15	01:23:19	00:42:58
41	8	Eultgem	Guido	LA TUS Mayen	TM35	02:29:33	00:25:33	01:22:25	00:41:35
42	8	Sehnke	Peter		TM40	02:29:53	00:25:43	01:16:18	00:47:52
43	10	Kockerols	Martin	TUS Ahrweiler 98	TM30	02:30:18	00:24:57	01:21:19	00:44:02
44	9	Diehl	Andreas	Tri Power Rhein Si	TM40	02:30:46	00:23:14	01:23:07	00:44:25
45	11	Steuenthaler	Christoph	TCEC Mainz	TM30	02:30:56	00:22:57	01:22:28	00:45:31
46	10	Schaubbruch	Volker	TCEC Mainz	TM40	02:31:06	00:23:21	01:23:22	00:44:23
47	12	Zehner	Boris	TCEC Mainz	TM30	02:31:48	00:23:49	01:25:07	00:42:52
48	6	Lebeau	Malte	TSG Maxdorf	TM20	02:31:59	00:23:00	01:26:17	00:42:42
49	11	van Loo	Martijn	RSC Untermosel	TM40	02:32:30	00:22:02	01:25:28	00:45:00
50	13	Kaiser	Markus	TMK	TM30	02:32:46	00:23:37	01:26:10	00:42:59
51	12	Kremer	Dirk	SRL Koblenz	TM40	02:32:47	00:24:08	01:22:14	00:46:25
52	7	Becker	Marko	PSV Pirmasens	TM20	02:32:55	00:22:33	01:28:59	00:41:23
53	14	Kather	Marco	SRL Koblenz	TM30	02:33:27	00:22:35	01:19:51	00:51:01
54	15	Peters	Stefan	RSC Untermosel	TM30	02:34:56	00:27:23	01:21:15	00:46:18
55	5	Dorer	Tony	SRL Koblenz	TM45	02:35:02	00:23:22	01:22:52	00:48:48
56	9	Bingenheimer	Volker	Tri Post Trier 1	TM35	02:35:05	00:27:45	01:24:50	00:42:30
57	9	Trautmann	Georg	HTC Schwarz Weiß B	TM25	02:35:10	00:25:15	01:24:07	00:45:48
58	13	Riedel	Marco	DBL RSG Montbaur	TM40	02:35:28	00:24:36	01:23:52	00:47:00
59	14	Braun-Hübsch	Volker	DJK Dudweiler	TM40	02:35:35	00:22:37	01:23:57	00:49:01
60	15	Henz	Thomas	TV Mußbach	TM40	02:35:43	00:24:09	01:25:57	00:45:37
61	6	Sturm	Stefan	LA TuS Mayen	TM45	02:35:55	00:24:49	01:24:09	00:46:57
62	1	Gebhard	Steffen	TCEC Mainz	TM18	02:36:01	00:25:18	01:25:32	00:45:11
63	16	Schrömgies	Manfred	SRL Koblenz	TM40	02:36:11	00:23:33	01:22:53	00:49:45
64	1	Weilguni	Herbert	Tri Power Rhein-Si	TM50	02:36:35	00:24:38	01:22:47	00:49:10
65	8	Ritz	Fabian	DBL RSG Montbaur 4	TM20	02:36:55	00:27:21	01:25:30	00:44:04
66	7	Nüttgens	Ralf	DLC Aachen	TM45	02:36:59	00:24:55	01:25:53	00:46:11
67	17	Hinz	Andreas	ASV Köln Triathlon	TM40	02:37:02	00:25:17	01:27:20	00:44:25
68	16	Kättner	Alexander	VT Triangel Kempen	TM30	02:37:08	00:23:48	01:24:41	00:48:39
69	10	Willner	Bernd	Brühler TV 1879	TM35	02:37:10	00:26:53	01:26:23	00:43:54
70	18	Peterschmitt	Alfred	WSF Zweibrücken	TM40	02:37:12	00:24:06	01:26:27	00:46:39
71	1	Louis	Friedrich	TV Mußbach	TM55	02:37:15	00:26:28	01:24:10	00:46:37
72	19	Weber	Stefan	DJK Dudweiler	TM40	02:37:17	00:23:10	01:28:44	00:45:23
73	2	Langlotz	Martin	TSG Maxdorf	TM50	02:37:19	00:25:52	01:25:29	00:45:58

74	1	Schneider	Lilli	DJK Andernach	TW25	02:37:32	00:24:02	01:25:26	00:48:04
75	11	Krieger	Pierre	TV Mußbach	TM35	02:37:35	00:25:26	01:26:53	00:45:16
76	12	Bertram	Dirk	RSC Untermosel	TM35	02:38:15	00:23:37	01:27:06	00:47:32
77	17	Herkenhoener	Timo	TriCologne	TM30	02:38:18	00:24:04	01:28:39	00:45:35
78	20	Rasch	Torsten	LT Siebengebirge	TM40	02:38:27	00:25:12	01:26:00	00:47:15
79	9	Stichler	Marcel	1.FC Kaiserslauter	TM20	02:38:36	00:25:41	01:26:23	00:46:32
80	3	Fröhlich	Christian	DBL RSG Montbaur	TM50	02:38:47	00:23:51	01:28:45	00:46:11
81	8	Schneider	Wilfried	TuS Ahrweiler	TM45	02:39:05	00:24:01	01:26:41	00:48:23
82	18	Hönig	Jens	1. SC Pos. Worms	TM30	02:39:09	00:28:58	01:24:53	00:45:18
83	21	Eisenreich	Stefan	DJK Andernach	TM40	02:39:21	00:24:05	01:28:55	00:46:21
84	10	Thiebes	Julian	ALV Mainz	TM25	02:39:34	00:25:39	01:26:58	00:46:57
85	22	Lilischkis	Rainer	WSF Zweibrücken	TM40	02:40:05	00:27:11	01:27:11	00:45:43
86	11	Sonndag	Dominik	ALV Mainz	TM25	02:41:22	00:27:01	01:24:43	00:49:38
87	23	Spitzhorn	Oliver	DBL RSG Montbaur 4	TM40	02:41:25	00:24:19	01:28:01	00:49:05
88	19	Merz	Torsten	DBL RSG Montbaur 4	TM30	02:41:31	00:27:50	01:28:04	00:45:37
89	13	Duchene	Karsten	DJK Dudweiler	TM35	02:41:35	00:24:23	01:26:24	00:50:48
90	24	Feil	Jürgen	TV Mußbach	TM40	02:41:42	00:26:52	01:25:10	00:49:40
91	9	Schwarz	Harald	VT Triangel Kempen	TM45	02:41:47	00:27:00	01:25:43	00:49:04
92	14	Lettau	Fred	Tri Post Trier 1	TM35	02:41:51	00:26:19	01:26:17	00:49:15
93	1	Löbbert	Hans-Georg	SRL Koblenz	TM60	02:41:54	00:24:53	01:27:40	00:49:21
94	10	Ternes	Sebastian	TMK	TM20	02:42:14	00:28:31	01:25:17	00:48:26
95	25	Peterson	Scott	1.FC Kaiserslauter	TM40	02:42:19	00:24:01	01:27:51	00:50:27
96	20	Niemann	Daniel	RT Wind Immobilien	TM30	02:42:30	00:27:41	01:28:33	00:46:16
97	4	Hauser	Bernd	TSG Maxdorf	TM50	02:43:04	00:27:28	01:27:59	00:47:37
98	2	Etzbach	Britta	LLG Wonnegau	TW25	02:43:12	00:24:50	01:30:03	00:48:19
99	1	Schloß	Anna	TV Hatzenbühl Tri	TW20	02:43:45	00:25:09	01:31:19	00:47:17
100	3	Cohsmann	Christiane	TSG Maxdorf	TW25	02:43:47	00:24:20	01:30:36	00:48:51
101	26	Grossheimann	Marcus	Walseehaie Ironman	TM40	02:43:53	00:22:00	01:31:31	00:50:22
102	15	Aschemann	Christoph	SSF Bonn Triathlon	TM35	02:43:55	00:25:19	01:32:04	00:46:32
103	12	Schmidt	Jochen	ALV Mainz	TM25	02:43:58	00:25:27	01:26:55	00:51:36
104	16	Dörhöfer	Alex	TSG Maxdorf 2	TM35	02:44:13	00:25:13	01:28:40	00:50:20
105	21	Koch	Jörg	TSG Maxdorf 2	TM30	02:44:27	00:26:44	01:31:50	00:45:53
106	27	Lindenblatt	Walter	TCEC Mainz	TM40	02:44:49	00:25:17	01:31:20	00:48:12
107	28	Potulski	Ralph	Triathlon Freunde	TM40	02:45:09	00:23:15	01:30:49	00:51:05
108	22	Herbertz	Oliver	Tri Post Trier 2	TM30	02:45:26	00:25:51	01:34:12	00:45:23
109	13	Behncke	Michael	PSV Pirmasens	TM25	02:45:35	00:26:32	01:27:04	00:51:59
110	29	Postel	Martin		TM40	02:45:42	00:26:19	01:28:55	00:50:28
111	30	Kruetzen	Peter	TK-Grevenbroich	TM40	02:45:44	00:24:22	01:29:13	00:52:09
112	31	Adrian	Volker	Tri Post Trier 2	TM40	02:45:45	00:24:52	01:30:47	00:50:06
113	32	Rodinger	Ralf	SV Gau-Algesheim 1	TM40	02:45:48	00:24:56	01:29:57	00:50:55
114	5	Gruner	Karl		TM50	02:45:49	00:25:00	01:31:04	00:49:45
115	23	Durst	Thomas	TCEC Mainz	TM30	02:45:54	00:28:06	01:28:42	00:49:06
115	33	Lenz Dr.	Carsten	Tri Team Gegenwind	TM40	02:45:54	00:24:08	01:29:12	00:52:34
117	34	Klinner	Christian	TSG Maxdorf 2	TM40	02:46:36	00:25:46	01:27:20	00:53:30
118	17	Neubert	Christof	TSG Maxdorf 2	TM35	02:46:39	00:27:19	01:32:16	00:47:04
119	24	Bertram	Timo	RSC Untermosel	TM30	02:46:56	00:24:11	01:34:43	00:48:02
120	1	Schwarz	Sandra	Tri Post Trier	TW30	02:46:58	00:26:53	01:33:09	00:46:56
121	35	Bähr	Martin	WSF Zweibrücken	TM40	02:47:01	00:25:31	01:30:44	00:50:46
122	2	Fliegel	Vanessa	ALV Mainz	TW20	02:47:09	00:27:12	01:27:52	00:52:05
123	1	Lütticken	Irmgard	Tri Post Trier	TW45	02:47:27	00:27:33	01:30:14	00:49:40
124	36	Schaffer	Dirk	TuS Ahrweiler	TM40	02:47:37	00:24:32	01:29:08	00:53:57
125	37	Althofen	Martin	DBL RSG Montbaur 4	TM40	02:47:43	00:24:59	01:34:24	00:48:20
126	38	Klinkert	Roman	SSF Bonn	TM40	02:47:46	00:23:54	01:31:52	00:52:00
127	10	Jungbluth	Stefan	DBL RSG Montbaur 4	TM45	02:47:47	00:31:32	01:26:34	00:49:41
128	18	Murru	Ivo	SSF Bonn Triathlon	TM35	02:47:56	00:27:39	01:31:27	00:48:50
129	11	Peters	Frank	TMK	TM45	02:48:04	00:25:12	01:30:46	00:52:06
129	39	Heitmüller	Axel	SSF Bonn	TM40	02:48:04	00:27:08	01:27:12	00:53:44
131	2	Kriegshäuser	Dieter	PSV Pirmasens	TM55	02:48:07	00:27:45	01:32:08	00:48:14
132	19	Costa	Gianni	TK-Triathlon Greve	TM35	02:48:26	00:24:53	01:31:25	00:52:08
133	20	Kehrbusch	Rainer	TuS Ahrweiler	TM35	02:48:35	00:25:15	01:34:47	00:48:33
134	40	Mohr Dr.	Herbert		TM40	02:48:45	00:27:22	01:32:14	00:49:09
135	41	Rexhaus	Thomas	TCEC Mainz	TM40	02:48:46	00:00:00	01:58:50	00:49:56
136	21	Seibel	Markus	TuS Weinähr	TM35	02:49:05	00:26:47	01:31:08	00:51:10
137	6	Sommer	Klaus	TV Haibach	TM50	02:49:08	00:25:14	01:30:53	00:53:01
138	14	Goldmann	Tobias	ALV Mainz	TM25	02:49:14	00:25:08	01:34:12	00:49:54
139	22	Herkenrath	Peter	VT Triangel Kempen	TM35	02:49:31	00:27:31	01:31:06	00:50:54
140	23	Drews	Marcus		TM35	02:49:33	00:25:21	01:33:54	00:50:18
141	42	Mann	Andreas	bronny.de-Team PSV	TM40	02:49:48	00:24:44	01:32:33	00:52:31
142	24	Fehling	Patrick		TM35	02:49:56	00:24:16	01:31:28	00:54:12
143	4	Klein	Myriam	LG Horsack	TW25	02:49:57	00:28:06	01:35:03	00:46:48
144	43	Schütz	Rolf	SSF Bonn Triathlon	TM40	02:49:58	00:24:10	01:35:07	00:50:41
145	25	Hebich	Franz	TSG Maxdorf 2	TM30	02:50:21	00:24:21	01:34:19	00:51:41
146	25	Röhrig	Stefan	RSV Nassau	TM35	02:50:24	00:28:51	01:29:48	00:51:45
147	44	Gödecke	Christian	Tri Post Trier 2	TM40	02:50:42	00:27:23	01:32:46	00:50:33
148	45	Heinrichs	Alexander	Trialex	TM40	02:50:54	00:27:12	01:32:59	00:50:43
149	1	Fusaro	Claudia	Tri Post Trier	TW40	02:50:59	00:27:23	01:33:33	00:50:03
150	15	Ohm	Christian		TM25	02:51:07	00:26:46	01:34:03	00:50:18

151	12	Dohn	Philipp	TCEC Mainz	TM45	02:51:09	00:24:53	01:35:40	00:50:36
151	7	Rohne	Wolfgang	TVE Dreis - Tiefen	TM50	02:51:09	00:25:32	01:34:45	00:50:52
153	46	Schneider	Wolfgang	DJK St. Ingbert	TM40	02:51:13	00:30:30	01:33:46	00:46:57
154	13	Birrenbach	Andre	TCEC Mainz	TM45	02:51:15	00:23:29	01:36:18	00:51:28
155	16	Schüler	Jörg		TM25	02:51:18	00:25:39	01:30:11	00:55:28
156	14	Graf	Rolf	TSG Maxdorf	TM45	02:51:21	00:25:09	01:36:07	00:50:05
157	26	Thees	Erik	Tri Post Trier 2	TM35	02:51:29	00:25:13	01:32:54	00:53:22
158	11	Iwanicki	Marcel	1. SC Pos. Worms	TM20	02:51:36	00:27:06	01:35:56	00:48:34
159	8	Saxler	Rainer	SLR Koblenz	TM50	02:51:43	00:24:13	01:28:16	00:59:14
160	15	Quirbach	Jürgen	Tripower Rhein-Sie	TM45	02:51:57	00:25:58	01:31:46	00:54:13
161	16	Kraus	Rainer	waldseehaie	TM45	02:52:13	00:28:18	01:34:31	00:49:24
162	47	Bohr	Oliver	Tri(m)-Team PEUGEO	TM40	02:52:46	00:26:08	01:34:10	00:52:28
163	2	Willersinn	Elke	TSG Maxdorf	TW40	02:52:53	00:26:06	01:34:57	00:51:50
164	1	Friedrich	Sonja	LLG Wonnegau	TW35	02:52:55	00:24:52	01:37:55	00:50:08
165	17	Gies	Günter	PSV Bonn	TM45	02:53:00	00:27:37	01:30:40	00:54:43
166	48	Weidenbach	Roland	TMK e.V.	TM40	02:53:04	00:27:16	01:33:19	00:52:29
167	49	Fell	Cornelius		TM40	02:53:16	00:27:19	01:29:31	00:56:26
168	50	Dankers	Michael	RadtrefCampusBonn	TM40	02:53:18	00:27:30	01:33:35	00:52:13
169	51	Klein	Matthias	DBL-Team RSG Monta	TM40	02:53:20	00:00:00	02:01:57	00:51:23
170	52	Lutz	Andreas	TV Hatzenbühl Tri	TM40	02:53:31	00:27:59	01:31:53	00:53:39
171	26	Schüler	Markus	TCEC Mainz	TM30	02:53:55	00:25:35	01:33:11	00:55:09
172	53	Grimm	Thorsten	TCEC Mainz	TM40	02:54:03	00:26:30	01:36:08	00:51:25
173	18	Schröder Dr.	Axel		TM45	02:54:07	00:27:13	01:34:44	00:52:10
174	3	Leiendecker	Michael	TriTaem Hagen	TM55	02:54:10	00:27:59	01:37:22	00:48:49
175	2	Metzner	Monika	TSG Maxdorf	TW35	02:54:28	00:27:20	01:37:35	00:49:33
176	54	Grosche	Klaus	FC ST. Pauli Triat	TM40	02:54:36	00:28:35	01:31:50	00:54:11
177	55	Olinger	Jerome	Dexia Runners	TM40	02:54:42	00:25:19	01:34:55	00:54:28
178	3	Büchler	Rebecca	TV Hatzenbühl Tri	TW20	02:54:54	00:25:41	01:36:58	00:52:15
179	56	Ramseier	Frank	Ludwigshafener SV	TM40	02:55:12	00:28:03	01:34:46	00:52:23
180	2	Wetten	Claudia	DBL RSG Montbaur	TW30	02:55:18	00:24:25	01:34:02	00:56:51
181	3	Syring	Ulrike	TCEC Mainz	TW30	02:55:35	00:25:50	01:33:54	00:55:51
182	19	Kapp	Bernd		TM45	02:55:38	00:28:44	01:36:26	00:50:28
183	1	Wieland	Albrecht	Tri TeamTricon Wör	TM65	02:55:40	00:27:21	01:30:55	00:57:24
184	3	Langer	Petra	TV Hatzenbühl Tri	TW40	02:55:43	00:25:04	01:33:12	00:57:27
185	20	Südbeck	Peter	bronny.de-Team PSV	TM45	02:56:05	00:25:47	01:34:36	00:55:42
186	2	Lochner	Dieter	SSF Bonn 05 Triath	TM60	02:56:28	00:23:58	01:32:44	00:59:46
187	4	Nakissa	Kathleen	LLG Wonnegau	TW20	02:56:31	00:25:51	01:38:35	00:52:05
188	4	Orthen	Heike	TUS Ahrweiler	TW40	02:56:36	00:27:34	01:36:46	00:52:16
189	21	Päch	Norman	Tri Power Rhein Si	TM45	02:56:42	00:26:13	01:34:56	00:55:33
190	57	Boltersdorf	Harry	Team EuroLux AG	TM40	02:56:54	00:27:35	01:33:22	00:55:57
191	27	Gayer	Marcus	1. SC Pos. Worms	TM35	02:57:11	00:00:00	02:03:02	00:54:09
192	9	Röhrig	Thomas	TroisdorfHotwheels	TM50	02:57:14	00:27:01	01:36:06	00:54:07
193	3	Reinhard	Kristina	Triathlon TuS Ahrw	TW35	02:57:17	00:27:34	01:37:12	00:52:31
194	4	Babeczka	Detlef	DJK Andernach	TM55	02:57:20	00:24:43	01:38:08	00:54:29
195	58	Minetti	Oliver	bushwalker Bonn	TM40	02:57:27	00:26:17	01:36:42	00:54:28
196	59	Krämer	Jörg	Triathlon-Freunde-	TM40	02:57:36	00:28:20	01:36:40	00:52:36
197	60	Platzek	Rüdiger	TUS Ahrweiler Tria	TM40	02:57:37	00:25:48	01:37:49	00:54:00
198	5	Baur	Anne	TCEC Mainz	TW20	02:57:43	00:24:54	01:37:32	00:55:17
199	22	Winkler	Stefan	HTV TRI POWER RHEI	TM45	02:57:44	00:23:55	01:34:38	00:59:11
200	27	Kuncikowski	Timo	Tri Post Trier	TM30	02:57:46	00:27:32	01:32:25	00:57:49
201	1	Wieland	Gabriele	Tri TeamTricon Wör	TW50	02:57:59	00:26:59	01:31:29	00:59:31
202	3	Haensel	Heinrich	TSG Maxdorf	TM60	02:58:33	00:26:52	01:38:30	00:53:11
203	61	Vasters	Bernd	Tri Power Rhein-Si	TM40	02:58:40	00:28:29	01:34:56	00:55:15
204	23	Mutterlose	Rolf	SSF Bonn	TM45	02:58:50	00:27:03	01:36:38	00:55:09
205	62	Sobotta	Lothar	SSF Bonn	TM40	02:58:58	00:27:30	01:35:53	00:55:35
206	28	Clemens	Gunnar	Tri Power Rhein-Si	TM35	02:59:07	00:29:56	01:36:06	00:53:05
207	63	Eberwein	Jörg		TM40	02:59:12	00:28:25	01:36:14	00:54:33
208	29	Schram	Tom		TM35	02:59:19	00:28:24	01:39:30	00:51:25
209	24	Hesemann	Jürgen	SSF Bonn Triathlon	TM45	02:59:20	00:29:02	01:32:52	00:57:26
210	5	Kerschesteiner	Karin	TCEC Mainz	TW25	02:59:31	00:26:54	01:37:28	00:55:09
211	28	Runkel	Mischa	Tri Power Rhein Si	TM30	02:59:33	00:30:24	01:37:11	00:51:58
212	30	Fasel	Oliver	Wirges	TM35	02:59:35	00:26:21	01:36:57	00:56:17
213	64	Valentine	David	USA	TM40	02:59:42	00:26:17	01:36:12	00:57:13
214		Palm	Uwe	DJK Andernach		03:00:08	00:26:40	01:37:08	00:56:20
215	29	Ahrens	Christian	PSV Bonn	TM30	03:00:12	00:25:57	01:36:53	00:57:22
216	17	Vogler	Andreas	TCEC Mainz	TM25	03:00:15	00:25:36	01:36:55	00:57:44
217	31	Berk	Torsten		TM35	03:00:16	00:30:03	01:33:39	00:56:34
218	18	Wadewitz	Christian	LLG Wonnegau	TM25	03:00:17	00:27:43	01:31:32	01:01:02
219	25	Griasch	Helge	LCO-Edenkoben	TM45	03:00:33	00:27:26	01:41:59	00:51:08
220	10	Schaum	Volker	TCEC Mainz	TM50	03:00:34	00:25:46	01:40:29	00:54:19
221	30	Müller	Dirk		TM30	03:00:35	00:28:45	01:38:05	00:53:45
222	65	Nuppeney	Frank	DJK Andernach	TM40	03:00:46	00:24:59	01:44:08	00:51:39
223	5	Riese	Peter	LT Siebengebirge	TM55	03:01:01	00:24:30	01:37:13	00:59:18
224	2	Höfer	Ansgar Sören	RSV Daadetal	TM18	03:01:13	00:27:00	01:38:31	00:55:42
225	31	Klein	Thorsten		TM30	03:01:30	00:30:08	01:40:54	00:50:28
226	32	Kurtenbach	Sven	team8one	TM30	03:01:35	00:29:16	01:34:52	00:57:27
227	2	Autschbach	Cornelia	TCEC Mainz	TW45	03:02:07	00:27:17	01:37:46	00:57:04

228	26	Jessen	Oliver	ALV Mainz	TM45	03:02:58	00:28:14	01:41:54	00:52:50
229	6	Sommer	Anna	ALV Mainz	TW25	03:03:04	00:27:14	01:37:14	00:58:36
230	27	Richter Dr.	Stefan	Triteam Gegenwind	TM45	03:03:05	00:26:10	01:34:48	01:02:07
231	19	Heuper	Michael	Schwimm Club Linz/	TM25	03:03:06	00:30:04	01:38:21	00:54:41
232	11	Schneider	Günter	LT SV Westum	TM50	03:03:13	00:28:40	01:41:45	00:52:48
233	32	Leitz	Michael		TM35	03:03:20	00:24:46	01:44:22	00:54:12
234	4	Gronwald	Ute	TSG Maxdorf	TW30	03:03:26	00:25:52	01:47:21	00:50:13
235	66	Bernhardt	Matthias	Tri-Team Merzbach	TM40	03:03:28	00:27:44	01:38:40	00:57:04
236	6	Sturm	Marion	DBL RSG Montbaur	TW20	03:03:58	00:29:22	01:41:51	00:52:45
237	33	Neuhaus	Markus	Tri Post Trier	TM35	03:04:09	00:24:43	01:41:36	00:57:50
238	34	Willms	Steffan	1. SC Pos. Worms	TM35	03:04:16	00:27:17	01:38:11	00:58:48
239	7	Sedinger	Nadine	DJK Andernach	TW25	03:04:39	00:27:55	01:44:37	00:52:07
240	67	Fusaro	Marco	Tri Post Trier 2	TM40	03:04:51	00:24:50	01:46:17	00:53:44
241	28	Butzer	Werner	TV Mußbach	TM45	03:04:53	00:26:59	01:39:33	00:58:21
242	20	Schmidtke	Mike	Tri Tronic St.Wend	TM25	03:05:00	00:27:47	01:43:56	00:53:17
243	5	Thomas	Christine	SRL Koblenz	TW40	03:05:03	00:25:21	01:36:02	01:03:40
244	29	Steffgen	Reiner	Tri Post Trier	TM45	03:05:35	00:25:35	01:43:40	00:56:20
245	4	Paschke	Corina		TW35	03:06:03	00:29:17	01:43:40	00:53:06
246	68	Proffittlich	Monika	TMK	TM40	03:06:09	00:26:31	01:41:12	00:58:26
247	30	Müller	Peter	Triathlon-Saarloui	TM45	03:06:53	00:25:49	01:43:06	00:57:58
248	69	Meyer	Christoph	Tri As Hamm	TM40	03:07:03	00:25:26	01:45:14	00:56:23
249	6	Philipsenburg	Marie	SSF Bonn Triathlon	TW40	03:07:06	00:26:40	01:44:17	00:56:09
250	31	Viktoras	Sosnovskis		TM45	03:07:07	00:28:03	01:46:27	00:52:37
251	33	Sitzer	Marc	SSF Bonn Triathlon	TM30	03:07:13	00:30:29	01:48:05	00:48:39
252	3	Hessel	Andrea	DBL RSG Montbaur	TW45	03:07:53	00:28:10	01:43:59	00:55:44
253	35	Hürlimann	Frank		TM35	03:07:55	00:29:28	01:43:34	00:54:53
254	12	Kirchberg	Uwe	HAT Hilden	TM50	03:08:13	00:29:34	01:37:30	01:01:09
255	70	Kowalewski	Robert	Hildener AT	TM40	03:08:14	00:27:57	01:40:04	01:00:13
256	21	Breck	Dirk	TMK	TM25	03:08:46	00:32:12	01:41:54	00:54:40
257	71	Bublath	Martin		TM40	03:08:52	00:25:38	01:42:23	01:00:51
258	72	Rathmer	Oliver		TM40	03:09:19	00:30:44	01:39:38	00:58:57
259	32	Vollmer	Sven	PSV Bonn	TM45	03:09:29	00:27:23	01:38:58	01:03:08
260	13	Lenz	Matthias	Laufftreff Uniklini	TM50	03:09:37	00:30:33	01:42:13	00:56:51
261	4	Schneider	Ulrike	TuS Ahrweiler	TW45	03:09:54	00:30:02	01:45:39	00:54:13
262	14	Wenzel	Christian	TCEC Mainz e.V.	TM50	03:10:06	00:26:26	01:47:33	00:56:07
263	6	Thesen	Hans Peter	Tri Post Trier	TM55	03:10:12	00:28:02	01:49:23	00:52:47
264	73	Wahl	Markus	Mountainbike hells	TM40	03:10:43	00:27:56	01:43:48	00:58:59
265	36	Wolfenstätter	Jens	SKG Sprendlingen T	TM35	03:10:44	00:28:04	01:46:34	00:56:06
266	34	Hoffmann	Ralf		TM30	03:10:53	00:26:58	01:43:40	01:00:15
267	15	Hoecker	Hans-Jürgen	1. SC Pos. Worms	TM50	03:11:09	00:28:20	01:39:04	01:03:45
268	16	Schnabel	Andreas	TuS Ahrweiler	TM50	03:11:18	00:26:25	01:39:12	01:05:41
269	33	Kulpa	Josef	TCEC Mainz	TM45	03:11:30	00:28:49	01:44:45	00:57:56
270	17	Czerwinske	Bernd	BSG der FhG e.V.	TM50	03:11:43	00:31:46	01:46:38	00:53:19
271	7	Göllner	Bernd	BSG-BML-Bonn	TM55	03:11:53	00:27:31	01:43:26	01:00:56
272	37	Prinz	Marco G.	Team EuroLux AG	TM35	03:12:06	00:35:11	01:37:42	00:59:13
273	34	Schwarz	Stefan	Ludwigshafener SV	TM45	03:12:13	00:23:37	01:47:33	01:01:03
274	74	Oberheim	Ralf	GSV-Porz/Köln	TM40	03:12:17	00:30:31	01:44:27	00:57:19
275	35	Bansner	Gerd	Tcec Mainz	TM45	03:13:02	00:31:02	01:37:32	01:04:28
276	36	Hübenthal	Götz	SC Altena	TM45	03:13:26	00:27:40	01:41:42	01:04:04
277	18	Probst	Andreas	Post SV Murnau	TM50	03:13:37	00:28:42	01:49:44	00:55:11
278	5	Kipper	Gisela	Ludwigshafener SV	TW45	03:13:40	00:33:18	01:45:46	00:54:36
279	75	Jost	Siegfried	FC Ormont	TM40	03:13:49	00:26:15	01:36:37	01:10:57
280	38	pohlmann	Ulf	DauerPower Ems	TM35	03:13:55	00:32:33	01:45:19	00:56:03
281	76	Müller	Rolf	PSV Pirmasens	TM40	03:14:28	00:31:34	01:45:45	00:57:09
282	77	Schröder	Martin	WSG Wiehl e.V.	TM40	03:14:44	00:00:00	02:14:11	01:00:33
283	78	Braun Dr.	Dietmar	TuS Ahrweiler	TM40	03:15:13	00:26:43	01:57:20	00:51:10
284	39	Eveno	Fabrice	Tri Post Trier	TM35	03:15:28	00:27:42	01:47:18	01:00:28
285	2	Nesslerer	Werner	TV Mußbach	TM65	03:15:32	00:28:08	01:48:18	00:59:06
286	35	Jung	David	DJK St. Ingbert	TM30	03:15:33	00:30:14	01:45:44	00:59:35
286	19	Heitmüller	Rainer	LT- Siebengebirge	TM50	03:15:33	00:27:42	01:44:26	01:03:25
288	40	Harnau	Volker	Gipfelstürmer Vorg	TM35	03:15:57	00:30:07	01:53:33	00:52:17
289	20	Wegner	Volker	Ludwigshafener SV	TM50	03:16:18	00:30:49	01:47:47	00:57:42
290	21	Herbach	Thomas	1.FC. Kaiserslaute	TM50	03:16:53	00:29:49	01:50:04	00:57:00
291	79	Kremer	Michael	TMK	TM40	03:17:01	00:31:04	01:46:10	00:59:47
292	37	Braun	Ingo		TM45	03:19:50	00:30:00	00:00:00	02:49:50
293	4	Cotinaut	Bernard	Tri Post Trier	TM60	03:19:54	00:25:50	01:44:55	01:09:09
294	80	Werle	Frank	TUS Kelsterbach	TM40	03:20:10	00:29:04	01:54:13	00:56:53
295	41	Kühl	Jochen		TM35	03:20:17	00:32:04	01:45:12	01:03:01
296	22	Thon	Lutz	SSG Langen	TM50	03:20:51	00:30:08	01:49:33	01:01:10
297	81	Frey	Axel	Tri-Team Merzbach	TM40	03:20:53	00:29:08	01:51:43	01:00:02
298	38	Gawrisch	Bernd	LT Siebengebirge	TM45	03:20:57	00:33:26	01:48:14	00:59:17
299	22	Malburg	Timo	triathlonfreunde s	TM25	03:21:15	00:29:44	01:47:12	01:04:19
300	12	Schulz	Oliver		TM20	03:21:37	00:29:55	01:42:05	01:09:37
301	5	Lingenfelder	Gunter	Triathlon SC Neubr	TM60	03:22:37	00:31:13	01:46:45	01:04:39
302	7	Probst	Lilli		TW20	03:22:47	00:28:30	01:50:58	01:03:19
303	5	Becker	Anke	LLG Wonnegau	TW30	03:22:48	00:29:29	01:52:31	01:00:48
304	42	Zürker	Markus	SSC Lingenfeld	TM35	03:22:54	00:29:37	01:40:58	01:12:19

305	2	Göbel	Heike	SSF Bonn Triathlon	TW50	03:22:56	00:27:03	01:51:23	01:04:30
306	5	Toussaint	Stefanie	Triathlon Freunde	TW35	03:23:22	00:27:45	01:57:22	00:58:15
307	8	Müller	Krisantini		TW25	03:23:31	00:34:39	01:48:36	01:00:16
308	7	Böhme	Heike	TMK e.V. Mülheim-K	TW40	03:24:22	00:30:50	01:54:31	00:59:01
309	23	Eckert	Ulrich		TM50	03:24:25	00:29:45	01:51:09	01:03:31
310	9	Nettekoven	Jeannine	Jugend d. dt. Alpe	TW25	03:25:35	00:32:34	01:52:01	01:01:00
311	82	Jeurink	Harald	Tri Post Trier	TM40	03:25:53	00:24:34	01:55:15	01:06:04
312	6	Thees	Nicole	Tri Post Trier	TW35	03:27:39	00:30:56	01:51:27	01:05:16
313	43	Schieder	Karl-Heinz	DauerPower Ems	TM35	03:28:11	00:31:26	01:55:10	01:01:35
314	8	Berg	Marita	TV Offenbach-Hundh	TW40	03:28:22	00:32:14	01:53:07	01:03:01
315	83	Cichowski	Marek		TM40	03:29:13	00:30:30	01:59:25	00:59:18
316	8	Knyrim	Klaus	VfL Kommern	TM55	03:29:24	00:27:18	01:56:24	01:05:42
317	24	Faust	Peter	TV Palatia Hatzenb	TM50	03:29:43	00:25:27	01:54:01	01:10:15
318	25	Jürgen	Sieber	PSV Pirmasens	TM50	03:29:52	00:33:15	01:51:51	01:04:46
319	39	Reichert	Uwe	Boehringer Ingelhe	TM45	03:30:21	00:26:00	02:02:50	01:01:31
320	9	Angeles	Andrea	SSF Bonn Triathlon	TW40	03:30:31	00:26:35	01:48:30	01:15:26
321	6	Schröder	Inka	TCEC Mainz	TW30	03:31:01	00:29:16	01:52:24	01:09:21
322	40	Thamm	Andreas		TM45	03:33:25	00:26:41	01:47:56	01:18:48
323	84	Pyfer	Derek		TM40	03:34:04	00:27:10	02:04:10	01:02:44
324	41	Knebel	Axel		TM45	03:34:07	00:27:39	01:55:07	01:11:21
325	6	Blum-Krissel	Elke	TMK e.V. Mülheim-K	TW45	03:34:10	00:31:54	00:00:00	03:02:16
326	7	Reimann	Tanja	DBL RSG Montbaur	TW35	03:35:03	00:31:58	01:56:45	01:06:20
327	42	Schmerer	Jörg	Skiclub Remagen	TM45	03:35:22	00:29:38	02:01:33	01:04:11
328	85	Roth	Martin	TUS Ahrweiler	TM40	03:35:40	00:30:04	01:50:13	01:15:23
329	26	Jung	Reiner		TM50	03:40:06	00:30:51	00:00:00	03:09:15
330	44	Clowig	Christian	Tri Post Trier	TM35	03:42:31	00:29:14	00:00:00	03:13:17
331	7	an der Heiden	Iris		TW30	03:43:39	00:31:53	01:56:00	01:15:46
332	43	Schäfer	Werner	Die Crass-Duathlet	TM45	03:44:07	00:32:20	01:57:03	01:14:44
333	86	Harms	Stefan		TM40	03:46:24	00:34:31	01:54:35	01:17:18
334	27	Froehlich	Klaus	ssv Bonn	TM50	03:49:39	00:30:23	00:00:00	03:19:16
335	3	Münter	Astrid	SSF Bonn Triathlo	TW50	03:51:53	00:30:44	00:00:00	03:21:09
336	4	Schmilewski	Angela	LT Siebengebirge	TW50	04:27:34	00:00:00	00:00:00	04:27:34

ERGEBNISLISTE

Staffeltriathlon

Platz	AKP	NAME	VORNAME	VEREIN	AKL	Gesamt	Schwimmen	Rad	Laufen
1		Muth-Krüger-	Neumann	Freizeitexpress		02:21:33	00:21:27	01:20:54	00:39:12
2		Wischnewski-Schumacher-	Heuser	Die Unverwüstliche		02:31:36	00:26:41	01:22:45	00:42:10
3		Heisterkamp, Letscher	Waschkewitz	Blume von Hawaii		02:33:20	00:25:23	01:24:42	00:43:15
4		Kmieciak-Klotz-	Köning	Body&Mind		02:33:22	00:26:02	01:22:36	00:44:44
5		Wald-Mintgen	Jakat	Polizei Remagen		02:36:22	00:21:21	01:35:11	00:39:50
6		MeyerHöke-Sips-	Wulf	Dr.Oetker-Wittlich		02:40:07	00:24:10	01:30:42	00:45:15
7		Werner	Udo	UW		02:51:27	00:24:35	01:34:20	00:52:32
8		Schneider-Bernhard-	Schmitz	D-G-C 1		02:52:54	00:31:32	01:33:16	00:48:06
9		Wassong-Georgi-	Weiland	Bürgermeisterstaff		02:53:22	00:25:12	01:42:59	00:45:11
10		Perpeet		Die 3 Muskelkater		02:55:28	00:23:19	01:26:58	01:05:11
11		Maag-Göbgen-	Maag	Die Balistoleros		03:00:09	00:22:38	01:34:50	01:02:41
12		Pörzgen-Ockenfels	Braun	Feuerwehr Sinzig		03:07:10	00:30:40	01:42:48	00:53:42
13		Sylla- Kreuzova		Tridusi09		03:07:42	00:33:40	01:42:53	00:51:09
14		Unipack-Staffel		Unipack		03:08:02	00:23:23	01:47:28	00:57:11
15		Schmitz-Mertens-	Schmitz	D-G-C 2		03:10:45	00:24:41	01:44:28	01:01:36
16		Werner	Jens-Carolin-Maike	JCM		03:12:42	00:33:17	01:37:41	01:01:44
17		Schmitz-Roth-	Reifferscheidt	SRR-Staffel		03:13:41	00:23:08	01:58:45	00:51:48